

I'M SAFE AT HOME!

Numbers To Call In Emergencies

POLICE 9-1-1

FIRE DEPARTMENT9-1-1

AMBULANCE 9-1-1

DOCTOR _____

POISON CONTROL _____

When calling for help:

Stay calm and speak slowly!!

Don't hang up until the operator tells you to.

PHONE NUMBERS OF HELPERS

PARENT'S WORK _____

PARENT'S WORK _____

RELATIVE _____

NEIGHBOR _____

APPLIANCES & TOOLS I CAN

USE: _____

APPLIANCES & TOOLS I CAN'T



CHECKLIST

THINGS TO DO WHEN I'M HOME:

- Lock doors and windows
- Check in with a parent or trusted adult
- Take care of pets
- Have a healthy snack
- Chores:

- Homework
- If the phone rings I will:

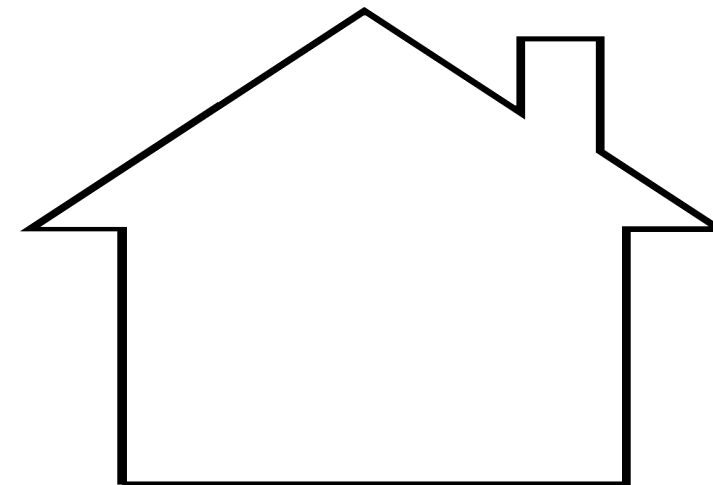
- If the doorbell rings I will:

- If there is an accident I will:

- If there is a fire I will:

SAFETY TIPS FOR KIDS

AT HOME



Color Me



San Francisco SAFE, Inc.
850 Bryant Street
Hall of Justice Room 135
San Francisco, CA 94103
(415) 673-SAFE
www.sfsafe.org

FOR PARENTS:

Good communication is important in promoting your child's feelings of security. Some children look forward to being alone and accepting the added responsibilities, while others are fearful or may feel deserted. Children must be ready to be "in charge" at home and to solve problems on their own. Before leaving children alone, discuss arrangements with them and explain **WHY** they must be alone.

Safety Tips For Staying Home Alone:

- Let them know how long they will be alone.
- If there is more than one child, let them know who is in charge.
- Create a check in system for your children, making sure there is a designated adult for your child to check in with each time they are home alone.
- Make sure your children know all emergency phone numbers and how to use them.
- Practice emergency drills.
- Set up emergency plans if: *they are approached by a stranger, they find a window or door open/broken when they get home, they cut, burn or injure themselves, they discover a fire.*
- Make time at home **FUN** by having activities available for them to do, easy-to-prepare nutritious snacks for them to make, a set of chores for them to do, follow up with them daily about what they did.

REMINDERS FOR KIDS:

When you get home...

Check all doors and windows to make sure they are locked!

As soon as you get home...

Let a parent or trusted adult know you arrived safely.

If you answer the phone...

Don't let the caller know you are home alone. Say, "He/She can't come to the phone right now, can I take a message?" An even better idea is to let the answering machine answer all calls.

Learn how to operate tools...

Or kitchen appliances and have permission before you use them.

Check with a Parent or Guardian...

Before having a friend over.

If you are frightened or uncomfortable...

Staying home alone, tell an adult or older friend how you feel. Maybe they can do something to make you feel better.

H S Y E B J S W U M O L M
E M T F J U L T P A T R I A
R A O A T I F Y L C L V M D
A I M S P L I E K L B W F U
W T O W B R Y T G U I M L
A W O M T E K N M L U I T
E N T E N O E N O E N I N
H L E P O L I C E W L Y L U
L E M E R G E N C Y I T F B

ADULT	EMERGENCY	POLICE
ALERT	FIRE	SAFE
AWARE	NINE ONE ONE (9-1-1)	